



The Garrack
St Ives

Indoor Pool Café Bar Menu

Mixed Marinated Olives
£2.95

Locally Baked Bread
with Balsamic and Olive Oil Dip
£3.95

Garlic Bread
£2.95

House Salad
£3.50

Hand Cut Coleslaw
£2.00

Fries
£3.50

Hand Cut Sandwiches & Paninis

Mature Cheddar Cheese
and Apple Cider Chutney
£5.50

West Country Ham
and Wholegrain Mustard Sandwich
£5.95

B.L.T.
Smoked Bacon, Crisp Lettuce and Tomato
£5.50

Tomato and Mozzarella Panini
£5.95

Cajun Chicken with Spicy Mayo
£6.95

Ham, Cheese and Wholegrain
Mustard Panini
£6.95

Salads

Fall Salad

*Spring onion, parmesan, tomato, mixed leaves,
pine nuts & parma ham*
£7.95

Classic Caesar Salad

*Baked croutons, crisp Kos lettuce, anchovies,
bacon and parmesan*
£6.50 Add chicken for £1.50

Ploughman's

*Served with a selection of Cornish cheese and bread,
West Country Ham, chutney & house salad*
£7.95

Confit Duck and Watercress Salad

*Spinach leaves, wholegrain dressing
and orange segments*
£8.95

Mains

Beer Battered Fish and Chips of the Day

*Skinny fries, sweet garden peas
and tartare sauce*
£12.95

Marinated Cajun Chicken Burger

Spicy Cajun mayo, crisp mixed leaves and French fries
£11.50

Sautéed Mushroom and Blue Cheese Bap

House salad and French fries
£8.95

Mushroom Tagliatelle

Delicious creamy garlic sauce
£10.95

Desserts

Selection of Cornish Ice Creams

3 scoops of MooMaid ice cream
£3.00

Double Chocolate Brownie

*Served with roddas clotted cream
or vanilla bean ice cream*
£4.50

Selection of Cornish Cheese and Biscuits

£7.95